



EXPENSES AT-A-GLANCE

Take 10 minutes and jot down your expenses. Use this single month at-a-glance planner to see how much money you spend each month. (Use back of page to list details.)

MY INCOME THIS MONTH:	MONTHLY TOTAL
Paychecks (after tax take home money)	\$
Other income (child support, TDI, interest)	\$
TOTAL MONTHLY INCOME	\$

	EXPENSES THIS MONTH (MYSELF OR MY FAMILY)	EXPENSE
SHELTER	Rent or mortgage	\$
	Maintenance / Homeowners Association Fees	\$
	Insurance, property taxes, etc. (If not included above)	\$
UTILITIES	Electric, gas, and water	\$
	Internet and cable	\$
	Phone (cell and landline)	\$
TRANSPORTATION	Public (bus or ride share)	\$
	Car maintenance and loan payments	\$
	Gas for car	\$
	Auto insurance	\$
	Parking	\$
HEALTH	Health insurance	\$
	Medicine and prescriptions	\$
	Medical care not covered by insurance, co-pays	\$
FAMILY	Child care (preschool, afterschool, and school tuition)	\$
	Child support payments	\$
FINANCE	Credit card 1	\$
	Credit card 2	\$
	Loans	\$
PET	Pet food	\$
	Pet care	\$
OTHER	Groceries	\$
	Entertainment (movies, dining, shopping)	\$
	Rainy day emergency fund (savings)	\$
	TOTAL EXPENSES	\$

\$	-	\$	=	\$
TOTAL MONTHLY INCOME		TOTAL EXPENSES		NET FOR MISCELLANEOUS EXPENSES